



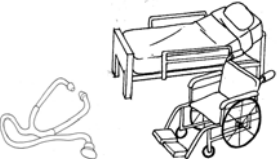





Routine Practices Fact Sheet for Health Care Settings

ROUTINE PRACTICES to be used with <u>ALL PATIENTS</u>	
	<p><i>Hand Hygiene</i></p> <p>Hand hygiene is performed using alcohol-based hand rub or soap and water:</p> <ul style="list-style-type: none"> ✓ Before and after each client/patient/resident contact ✓ Before performing invasive procedures ✓ Before preparing, handling, serving or eating food ✓ After care involving body fluids and before moving to another activity ✓ Before putting on and after taking off gloves and PPE ✓ After personal body functions (e.g. blowing one's nose) ✓ Whenever hands come into contact with secretions, excretions, blood and body fluids ✓ After contact with items in the client/patient/resident's environment
	<p><i>Mask & Eye Protection or Face Shield</i></p> <ul style="list-style-type: none"> ✓ Protect eyes, nose and mouth during procedures and care activities likely to generate splashes or sprays of blood, body fluids, secretions or excretions ✓ Wear within 1 meter of a coughing client/patient/resident
	<p><i>Gown</i></p> <ul style="list-style-type: none"> ✓ Wear a long-sleeved gown if contamination of uniform or clothing is anticipated
	<p><i>Gloves</i></p> <ul style="list-style-type: none"> ✓ Wear gloves when there is a risk of hand contact with blood, body fluids, secretions, excretions, non-intact skin, mucous membranes or contaminated surfaces or objects ✓ Wearing gloves is NOT a substitute for hand hygiene ✓ Perform hand hygiene after removing gloves
	<p><i>Environment</i></p> <ul style="list-style-type: none"> ✓ All equipment that is being used by more than one client/patient/resident must be cleaned between clients/patients/residents ✓ All touched surfaces in the client/patient/resident's room must be cleaned daily
	<p><i>Linen & Waste</i></p> <ul style="list-style-type: none"> ✓ Handle soiled linen and waste carefully to prevent personal contamination and transfer to other clients/patients/residents
	<p><i>Sharps Injury Prevention</i></p> <ul style="list-style-type: none"> ✓ NEVER RECAP USED NEEDLES ✓ Place sharps in sharps containers ✓ Prevent injuries from needles, scalpels and other sharp devices
	<p><i>Patient Placement/Accommodation</i></p> <ul style="list-style-type: none"> ✓ Use a single room for a client/patient/resident who contaminates the environment ✓ Perform hand hygiene after leaving the room

Images developed by: Kevin Rostant